Conferences/Seminars/Workshops Attended:

- 1. Attended "Hands on Training on Biotechnology". Organized by Synod College, Shillong, from 10th 12th October, 2013.
- 2. Completed a 4-week Induction/Orientation Programme for "Faculty in Universities/Colleges/Institutes of Higher Education" from 20th December 2021-19th January 2022.
- 3. Participated in Refresher Course in Zoology from 17th March 2011-6th April 2011 organized by UGC at NEHU.
- 4. Participated in a Workshop on "Molecular Biology Tools and Techniques" organized by The Institutional Biotech Hub St. Mary's College Shillong from 27th November-1st December 2015.
- 5. Participated in "Hands-on training Programme on The Tools & Techniques in Life sciences" held on 11th-15th September 2014 at St. Mary's College, Shillong.
- 6. Participated in the workshop on "Innovative Methodologies in Teaching of Life Science Laboratory Courses" held on 27th March 2010 by Department of Zoology, NEHU.
- 7. Participated in the Workshop on "Biological Techniques and Tools" conducted by Department of Biochemistry and Biotechnology, St Anothony's College, Shillong from 19th-26th July 2013
- 8. Participated on a Two- day Seminar on "Bio-Materials: Recent Development and Study and their Biological applications held on 9th-10th July 2015 in Lady Keane College, Shillong.